



## ***Antigua. Island Of Endless Activities***



**Video**

### ***Activities on Water***

#### **Deep Sea Fishing**

This type of sports fishing has become popular in recent years on the island, experienced captains know where to find the fish. Enjoy half or full day fishing charters catching the fish of the season; tuna, wahoo, king fish, dorado.

#### **Diving**

Blessed with an abundance of reefs along the coastline, there are over 500 dives sites to explore. With coral canyons, wall drops, sea caves and wrecks being the homes to many exotic marine life. Dive into an underwater world paradise.

### **Windsurfing / Bodysurfing/ Kite surfing**

Regarded as “One of the best kept secret of the Northern Hemisphere” by Peter Hart the English windsurfing guru, windsurfing and other surfing enthusiasts can get their adrenalin rush by combining both action and adventure.

### **Snorkeling**

Spoilt with an array of beaches to choose from. Discover what lies just below Antigua’s friendly, shallow waters.

### **Kayaking**

See the island in a completely different way by kayaking in lagoons and near tiny uninhabited islands along the coast. Appreciate the natural landscape and wildlife.

### **Sailing/ Circumnavigation Tours**

Spend a wonderful day relaxing, breathing in the fresh warm trade winds, while sailing around the island. There are many options available, charter or motora boat or book a tour for a day.

## *Activities on Land*

### **Cricket**

The Sir Vivian Cricket Stadium and the Stanford Cricket Ground are three of the finest places in the Caribbean to take in a local, regional, or international match. At the Antigua and Barbuda Museum look for the infamous cricket bat of Sir Vivian Richards, native Antiguan, former captain of the West Indies Cricket Team, and one of the greatest batsmen of all time. Cricket matches can be found almost anywhere on the island, at almost any time.

### **Hiking and Bird watching**

Hiking is one of the most challenging activities to do on land. Antigua has many trails and tracks that are mostly located on the coastal areas. These trails lead to one or another of the island's many hilltop fortifications: Fort George sits atop Monk's Hill, Fort Barrington and Wallings Forest are also great areas to go hiking. The Historical and Archaeological Society frequently arranges group hikes.

Much of the appeal of the natural environment in Antigua and Barbuda is the multitude of bird species to be found here. The Frigate Bird Sanctuary on Barbuda, though accessible only by boat, is the largest bird sanctuary in the Caribbean and contains over 180 species; Long Island and Great Bird Island also offer outstanding opportunities for birdwatchers.

### **Golfing**

There are two 18 hole golf courses on Antigua: one at the Cedar Valley Golf Club and another at Jolly Harbour. There is also a miniature golf park at Dickenson Bay.

### **Tennis**

Antigua's annual Tennis Week draws an impressive field of international competitors to the island in May of each year. Many if not all of the island's hotels have excellent tennis facilities. uninhabited islands along the coast. Appreciate the natural landscape and wildlife.

### **Horseback Riding**

You can spend a day horse back riding and trail riding to see Antigua in another light. Enjoy the exhilarating experience of trail riding through hills and to deserted beaches. Arrangements for riding can be made through your hotel tour desk.